What is claimed is:

1. Compounds of formula (II):

where X is selected from nothing, C(CH<sub>3</sub>)<sub>2</sub>, and CH<sub>2</sub>; R<sub>1</sub> is selected from CH<sub>3</sub>, H, and COOCH<sub>3</sub>; R<sub>2</sub> is selected from CH<sub>3</sub>, F, and H; and R<sub>3</sub> is selected from CH<sub>3</sub>, OH, F, and H.

- 2. Compound of claim 1 where  $X = C(CH_3)_2$  and  $R_1 = CH_3$ ,  $R_2 = R_3 = H$ .
- 3. Compound of formula (IIA):

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4. Compounds of formula (III):

where R<sub>1</sub> is selected from CH<sub>3</sub>, H, and COOCH<sub>3</sub>; R<sub>2</sub> is selected from CH<sub>3</sub>, F, and H; and R<sub>3</sub> is selected from CH<sub>3</sub>, OH, F, and H.

- 5. Compounds of claim 4 where  $R_1 = CH_3$ ,  $R_2 = R_3 = H$ ; or where  $R_1 = R_2 = R_3 = H$ .
  - 6. Compounds of formula (IV):

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where R<sub>1</sub> is selected from CH<sub>3</sub>, H, and COOCH<sub>3</sub>; R<sub>2</sub> is selected from CH<sub>3</sub>, F, and H; and R<sub>3</sub> is selected from CH<sub>3</sub>, OH, F, and H.

7. Compounds of claim 6 where  $R_1 = CH_3$ ,  $R_2 = R_3 = H$ ; or where  $R_1 = R_2 = R_3 = H$ .

8. A process for preparation of a steroid having the 4,9(10)-diene-3-one structure, and derivatives thereof, having the formula (VA), which comprises contacting a steroid selected from the group consisting of 10-hydroxy-4-ene-3-ketosteroids (IIIA), 5,10-dihydroxy-3-ketosteroids (IVA), and mixtures of (IIIA) and (IVA), with concentrated sulfuric acid or moderated sulfuric acid, the moderated sulfuric acid comprising a mixture of the concentrated sulfuric acid and water in an amount of up to 5% by volume of the moderated acid, or a mixture of the concentrated sulfuric acid and a second acid in an amount of up to 30% by volume of the moderated acid,

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where R<sub>1</sub> is selected from CH<sub>3</sub>, H, and COOCH<sub>3</sub>; and R<sub>2</sub> is selected from CH<sub>3</sub>, F, and H.

9. A process according to claim 8 where estra-4,9(10)-diene-3,17-dione (VA) is prepared from a steroid selected from the group consisting of 10-hydroxy-estra-4-ene-3,17-dione (IIIA), 5,10-dihydroxy-estra-3,17-dione (IVA), and mixtures thereof.

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- 10. A process according to claim 8 where  $7\alpha$ -methyl-estra-4,9(10)-diene-3,17-dione (VA) is prepared from a steroid selected from the group consisting of 10-hydroxy- $7\alpha$ -methyl-estra-4-ene-3,17-dione (IIIA), 5,10-dihydroxy-estra-3,17-dione (IVA), and mixtures thereof.
- 11. A process according to claim 8 where the steroid is contacted with the concentrated sulfuric acid.

12. A process for preparation of steroidal estra-4,9(10)-diene-3,17-diones of structure (V):

where X is selected from nothing, C(CH<sub>3</sub>)<sub>2</sub>, and CH<sub>2</sub>; R<sub>1</sub> is selected from CH<sub>3</sub>, H, and COOCH<sub>3</sub>; R<sub>2</sub> is selected from CH<sub>3</sub>, F, and H; and R<sub>3</sub> is selected from CH<sub>3</sub>, OH, F, and H; where the process comprises:

- (a) contacting estra-5(10)-ene-3,17-dione-3,17-bis-ketal (I) with an epoxidizing agent;
  - (b) contacting the epoxide product of step (a) with dilute acid; and
- (c) contacting the product of step (b) with concentrated sulfuric acid or moderated sulfuric acid, the moderated sulfuric acid comprising a mixture of the concentrated sulfuric acid and water in an amount of up to 5% by volume of the moderated acid, or a mixture of the concentrated sulfuric acid and a second acid in an amount of up to 30% by volume of the moderated acid.

13. A process according to claim 12 where  $7\alpha$ -methyl-estra-4,9(10)-diene-3,17-dione (V) is prepared from a steroid selected from the group consisting of  $7\alpha$ -methyl-estra-5(10)-ene-3,17-dione-3,17-bis-ethylene glycol ketal (I),  $7\alpha$ -methyl-estra-5(10)-ene-3,17-dione-3,17-bis-neopentyl glycolketal (I).

14. A process according to claim 12 where the epoxidizing agent is m-chloroperbenzoic acid or peracetic acid.

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- 15. A process according to claim 12 where the product of step (b) is contacted with the concentrated sulfuric acid.
- 16. A process according to claim 12 where the product of step (b) is contacted with the moderated sulfuric acid, and where the moderated sulfuric acid comprises a mixture of the concentrated sulfuric acid and concentrated phosphoric acid.
- 17. A process according to claim 12 where estra-4,9(10)-diene-3,17-dione (V) is prepared from a steroid selected from the group consisting of estra-5(10)-ene-3,17-dione-3,17-bis-ethylene glycol ketal (I), estra-5(10)-ene-3,17-dione-3,17-bis-neopentyl glycolketal (I).
- 18. A process for preparation of steroidal estra-4,9(10)-diene-3,17-diones of structure (V) by treatment of steroidal estra-5(10),9(11)-diene-3,17-diones of structure (VI) with concentrated mineral acid.
- 19. A process according to claim 18 where the mineral acid is concentrated phosphoric acid.